

Public Health’s Harm Reduction Program

HARM REDUCTION

SYRINGE SERVICE PROGRAM

Harm Reduction is a set of evidence-based strategies helping people to reduce drug-related harm to themselves and their communities. These approaches are proven to prevent overdose, substance misuse, death, and allow individuals to adopt safer use practices to reduce risk of infectious disease. Harm Reduction practices help people step toward hope, healing and health.

SEASIDE 11:30-12:30
VACANT LOT
ACROSS FROM
PROVIDENCE HOSPITAL

WARRENTON 1:00-2:00
PREMARQ BUILDING
65 US-101
PARKING LOT, RIVER SIDE

ASTORIA 1:30-2:30
END OF 32ND ST
BEHIND SAFEWAY
NEXT TO RIVER WALK

- ✓ Housing and food resources
- ✓ Referrals for recovery services
- ✓ Prevention kits and supplies
- ✓ Peer support services
- ✓ Naloxone training and kits
- ✓ Resources for medical & Dental services



CLATSOP COUNTY
DEPARTMENT OF PUBLIC HEALTH
Prevent. Promote. Protect



PROGRAMA DE

SERVICIOS DE JERINGUILLAS

La reducción de daños es un conjunto de estrategias basadas en la evidencia que ayudan a las personas a reducir los daños a sí mismos y a sus comunidades relacionados con el uso de drogas. Se ha demostrado que estos enfoques previenen la sobredosis, el uso indebido de sustancias, la muerte, y permiten a las personas adoptar prácticas de consumo más seguras para reducir el riesgo de enfermedades infecciosas. Las prácticas de reducción de daños ayudan a las personas a dar un paso hacia la esperanza, la sanación y la salud.

SEASIDE 11:30-12:30
EL TERRENO VACIO FRENTE AL
HOSPITAL PROVIDENCE

WARRENTON 1:00-2:00
EDIFICIO DE PREMARQ
65 US-101
ESTACIONAMIENTO, AL LADO DEL RIO

ASTORIA 1:30-2:30
AL FINAL DE LA CALLE 32
DESTÁS DE SAFEWAY
JUNTO AL RIVER WALK

- ✓ Servicios de apoyo entre pares
- ✓ Kits de prevención y suministros
- ✓ Recursos para servicios médicos y dentales

What does “Harm Reduction” mean?

Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences (i.e., negative health outcomes) associated with drug use.

What is the current philosophy of Harm Reduction?

Harm Reduction is a public health philosophy that seeks to empower individuals, remove barriers to accessing the support that they need, and supply pragmatic approaches to risk reduction in a non-judgmental/non-coercive way that is compassionate and accepting of any positive change. Harm Reduction supports a wide spectrum of strategies from doing the behavior more safely, to limiting certain behaviors, to abstinence.

Public health principles of Harm Reduction include:

- Meeting the client where they are, using programs designed for the community being served.
- Accepts that drug use is part of our world and chooses to work to minimize its harmful effects on the people using drugs, rather than ignore or condemn those individuals.
- Understands that drug use and behavior change are complex and multifaceted.
- They include a continuum of behaviors from severe abuse to total abstinence.
- Affirms that people who inject drugs are the primary agents responsible for reducing the harm from their drug use, and seeks to empower them to support each other and share information.
- Recognizes that the realities of poverty, class, racism, social isolation, past trauma, sex-based discrimination and other social inequities affect both people’s vulnerability to and capacity for dealing with drug-related harm.
- Does not attempt to minimize or ignore the real or tragic harm and dangers associated with licit and illicit drug use.

What is Clatsop County Public Health’s approach to Harm Reduction?

Currently, Clatsop County Public Health is conducting a Syringe Service Program that consists of distributing sterile needles on a one-for-one exchange basis, providing sharps containers for safe disposal, and offering community resource information based upon need and recovery information when one is ready to take the step. Other harm reduction supplies such as alcohol swabs, condoms, lube are made available. Public Health also provides Naloxone training and

product.

How effective is a Harm Reduction program in reducing disease?

Injecting drug users (IDU) now account for one in 10 new HIV infections world-wide. Yet it has been known since the early 1990s that HIV among IDU can be effectively, safely and cost-effectively controlled by the early and vigorous implementation of a comprehensive package of strategies known as 'harm reduction.'

The evidence is overwhelming that harm reduction approaches to HIV & Hepatitis C prevention among injecting drug users are effective, safe and cost-effective. The evidence of effectiveness is strongest for needle and syringe programs and opioid substitution treatment. There is no convincing evidence that needle and syringe programs increase injecting drug use. Countries that have provided extensive needle and syringe programs and opioid substitution treatment appear to have averted an epidemic, stabilized or substantially reduced the prevalence of HIV & Hepatitis C among injecting drug users.

What does Harm Reduction Program in Clatsop County do?

Clatsop County Public Health, with a donation of \$50,000 from the Friends of Columbia Community Health, began a Harm Reduction Program in Astoria in October 2017. Every Thursday from 11:30 a.m.-3:30 p.m.

Currently on Thursdays we start in Seaside in the gravel lot across from Providence Seaside hospital from 11:30 a.m.-12:30 p.m., Warrenton at the Premarq Building parking lot (65 US-101, west side of building) 1:00-2:00 p.m., then Astoria at the end of 32nd Street behind Safeway 2:30-3:30 p.m. Clatsop County Public Health staff work to assist folks in exchanging used needles, for sterile needles, offer other Harm reduction supplies as well as provide Naloxone kits and training.

Clatsop County Harm Reduction Partners

Clatsop County is expanding the Harm Reduction Program with a region-wide initiative to include Columbia and Tillamook counties.

Columbia County

Every Tuesday in St. Helens, 1-3 p.m. at the CC Rider transit center at 1155 Deer Island Rd.

Tillamook County

1st and 3rd Wednesday of the month in Tillamook, 11am-1pm at The IVY Wellness Center, 1105 Ivy Ave

4th Wednesday of the month in Wheeler, 11-1pm above the North County Food Bank, 278 Rowe St - Upper Parking Lot

Data

Every week, Clatsop County Public Health will provide data points on the Harm Reduction program.

****Please note that the data provided below is collected anonymously.****

Syringes Exchanged as of September 29th , 2022

Collected: 1,872,672

Provided: 1,831,167

Naloxone *Doses Provided starting 10/1/2020-Present: 7,882

Naloxone Kits provided thru 10/26/2017- 9/30/2020: 1,088

Number of lives saved using using Naloxone 685

Referrals to Recovery to any recovery related entity/group: 550

****Naloxone overdose reversal dates are January 4th, 2018- Present.***Naloxone was previously reported as kits, each "kit" contains two doses of Naloxone. Beginning 10/1/2020, Naloxone data will be collected and reported as each dose.

*******Referrals to ANY entity/group include as of 3/2020: Inpatient treatment, Outpatient treatment, Medication Assisted Treatment (MAT), Recovery meetings/groups, AA/NA/Alanon, Recovery mentors & Power Clean, Housing, Insurance/OHP Assistor, Food Bank, Dental Van, Shower & Laundry Facilities, referral to Medical Providers to establish care.

*Photo Credit: Sue Cody; Way to Wellville

Resources



Drug & Alcohol Counseling

Mel Langston Professional Services

Mental Health, addiction, trauma, and PTSD, family conflict, teens

Phone: (503)406-3901

E-mail: mel [at] mellangston.com

Sandalwood Counseling

Substance abuse, life coaching, relationship issues, teens

Phone: (503)567-5331

New Beginnings

Addiction, alcohol abuse

Phone: (503) 444-9442

E-mail: jbeerger [at] yahoo.com

Choices Counseling LLC

Phone: (503) 325-4499

Clatsop Behavioral Healthcare

Addiction, alcohol abuse, mental health, accepts teens

Phone: (503) 325- 5722

Potentials LLC

Substance abuse, anxiety, codependency

Phone: (503) 325-2398



CODA

Phone: (503) 239-8400

Dr. Kimberly Eltzroth

Suboxone

Phone: (503) 325-7800

North Coast Medical Clinic

Dr. Joseph McCarthy

Suboxone & Vivitrol, primary care

Phone: (503) 568-7497

Clatsop Behavioral Health

Phone: (503) 325-5722 ext. 261

Choices Counseling LLC

20 Basin Street, Suite 120, Astoria, OR.

Naloxone training (including the nasal spray Narcan) by appointment only at Choices

Phone: (503) 325-4499



Naloxone Training

Choices Counseling LLC

20 Basin Street, Suite 120, Astoria, OR.

Naloxone training (including the nasal spray Narcan) by appointment only at Choices

Phone: (503) 325-4499

Fred Meyer Pharmacy

695 US-101, Warrenton, Oregon

Train, prescribe and fill prescription for Narcan nasal spray, which contains naloxone hydrochloride. Naloxone blocks or reverses the effects of opioids.

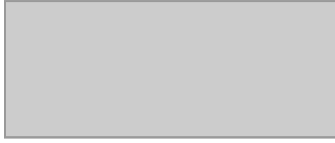
Phone:(503) 861-3000



In-Patient Treatment Facilities

Awakenings By The Sea

Phone: 1-877-591-2005



Intensive Outpatient Treatment

Helping Hands

Emergency and long term shelter plus re-entry program

Phone: (503) 738-4321



Sober Living Facilities

Helping Hands

Emergency and long term shelter plus re-entry program

Phone: (503) 738-4321

Oxford House

Phone: (503) 861-8568

Astoria Rescue Mission

Men and women

Phone: (503) 325-6243



Educational Facilities with Sober Living

Tongue Point Job Corps.

Phone: (503) 325-2131

Transportation

Free rides by NW Rides for OHP recipients

Phone: (503) 861-0657 or toll-free 1-888-793-0439

Oregon Health Plan (assistance)

Lower Columbia Hispanic Council

Phone: (503)325- 4547

Columbia Memorial Hospital

Phone: (503) 338-7530 or (503) 325-4321

Riverfolk

State ID and Birth Certificates

Phone: (503) 440-7079

Clatsop Community Action

Food, housing, energy assistance

Phone: (503) 325-1400

Crisis Lines

Clatsop Behavioral Health (24-hour crisis line)

Phone: (503) 325-5724

Lines for Life Oregon Drug and Alcohol Help Line

Phone: 1-800-923-4357 **call or text*

[*ALCOHOLICS ANONYMOUS AND NARCOTICS ANONYMOUS CLATSOP COUNTY MEETINGS*](#)

Supporting Documents



A study on hospitalizations due to infectious disease complications of injection drug use
(1.32 MB)



Clatsop Alcoholics Anonymous and Narcotics Anonymous Meetings (108.33 KB)